

Hiking in Northern Laos

📍 Night Market, Sisavangvong Road, Luang Prabang, Luang Prabang District, Luang Prabang, 06000, Laos



Trekking in Northern Laos offers an immersive experience into diverse cultures. Trekkers explore lush landscapes, encountering communities like the Hmong, Akha, and Khmu. The treks involve navigating jungles, crossing rivers, and hiking mountainous terrain. Visitors learn about traditional farming practices and artisanal crafts, staying in homestays or camping for a closer connection to the natural environment and local people.

Tour Facts

Group Size:

20

Duration:

7

Language:

English, French, German, Italian, Spanish

Tour Type:

continuous

Tour Itinerary

Day 1 : Direct Flights to Luang Prabang



Upon arrival at Luang Prabang airport, a tour guide will welcome you and arrange for your transfer to the hotel. You'll have free time to relax and unwind at your leisure. Overnight stay at your accommodation in Luang Prabang

Duration
2 Hours

Day 2 : Discovering Luang Prabang on Foot



Discover the rich history and picturesque setting of Luang Prabang with a half-day walking tour. Highlights include visits the National Museum, morning market, Hean Chan traditional Lao wooden house, and the 16th-century Buddhist temple Xieng Thong. After the tour, take some time to relax or explore on your own, perhaps by climbing Phousi Hill for breathtaking views. Spend the night at your chosen accommodation in Luang Prabang.

Duration
4 Hours

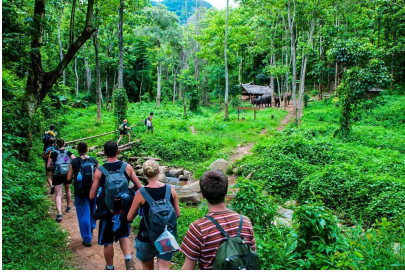
Day 3 : Scenic Journey to Nong Khiaw



After breakfast, head to Nong Khiaw to take in the breathtaking views along the Nam Ou River. Along the way, you'll have the chance to visit charming, remote villages and experience the local way of life. Upon reaching Nong Khiaw, spend the afternoon exploring the historically significant Pha Tok Cave. Later, spend the night at your accommodation in Nong Khiaw.

Duration
4 Hours

Day 4 : Embrace Homestay Trekking



Note: 4-5 hours walking

Following breakfast, we'll travel by traditional boat up the Ou River to Ban Had Sapheuy (Khmu village), then hike uphill to Ban Kioukham.

A Lao-style picnic lunch with panoramic views will be enjoyed. In the afternoon, we'll explore the village before having a traditional Khmu dinner prepared by the villagers. Overnight accommodation will be at the homestay in Ban Kioukham.

Duration
5 Hours

Day 5 : Second day Homestay Trekking



Note: 4 hours of walking

After waking up early in the Khmu village, we will trek through the natural surroundings to visit Hmong and Khmu villages.

During the trek, we'll have a Lao-style picnic lunch with scenic forest. Later, we walk to the Thai Deng village of Ban Houais for a traditional dinner cooked by the villagers, and spend the night at a homestay there.

Duration
5 Hours

Day 6 : Exploring the Peace of Muang Ngoi and Heading Back to Luang Prabang



Note: 3-4 hours of walking

After waking up to the sound of the rooster, we will say goodbye to Thai Deng people and their unique village life, then begin walking through the rice fields and beautiful natural surroundings to Muang Ngoy.

Along the way, we will take a break at a cave and have the option to swim before continuing to Muang Ngoi. Finally, we will take a traditional boat downstream to Nongkhiaw and then travel by road back to Luang Prabang.

Duration
4 Hours

Day 7 : Exploring stunning Waterfall and departure



Following breakfast, in this morning depart Kuangsi waterfall, swim in the turquoise waters, or simply explore the beautiful small forest surrounds.

Enjoy free time before visiting a nearby sanctuary which cares for and rehabilitates bears rescued center from animal traders, or from deforested habitat and transfer to the airport for your next destination.

Duration
4 Hours